Amber Holland

I want my degree in physical therapy assistant so bad. I am a single mother now and my motivation is greater than it was before. I have been able to hone in on what I have wanted to do for my life and for twenty years. I was first interested in physical therapy when I was in high school. I went to physical therapy for my knee. My knee was swelling up from running long distances in track and field. I went to physical therapy in Germany. My dad was in the Army. So, my physical therapist was German. I really liked the different exercises we did. It was very interesting. The leg press is still my favorite work out machine. I have moved around so much in my childhood and adulthood. It has been so hard to maintain a stable life. I have struggled financially my whole adult life. Now that I am a mother I have tried to settle down. I want to be a good role model. I plan to help my community by providing a service to injured people. Instead of giving them pain medicines, physical therapists can help patients heal their body naturally. Sometimes people need, for example, knee surgery. And we help them heal their knees. Physical therapy is like a medical workout. We can teach people how to workout and strengthen specific muscles.